

**THE REPUBLIC OF KENYA**

**COMPETENCY BASED CURRICULUM**

**FOR**

**FASHION TECHNOLOGY**

**LEVEL 4**



TVET CDACC

P.O. BOX 15745-00100

NAIROBI

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# FOREWORD

The provision of quality education and training is fundamental to the Government’s overall strategy for social economic development. Quality education and training will contribute to achievement Kenya’s development blue print and sustainable development goals.

Reforms in the education sector are necessary for the achievement of Kenya Vision 2030 and meeting the provisions of the Constitution of Kenya 2010. The education sector had to be aligned to the Constitution and this resulted in the formulation of the Policy Framework for Reforming Education and Training (Sessional Paper No. 14 of 2012). A key feature of this policy is the radical change in the design and delivery of the TVET training. This policy document requires that training in TVET be competency based, curriculum development be industry led, certification be based on demonstration of competence and mode of delivery allows for multiple entry and exit in TVET programmes.

These reforms demand that industry takes a leading role in curriculum development to ensure the curriculum addresses its competence needs. It is against this background that this Curriculum has been developed.

It is my conviction that this curriculum will play a great role towards development of competent human resource for the Fashion and Design sector’s growth and sustainable development.

**PRINCIPAL SECRETARY, VOCATIONAL AND TECHNICAL TRAINING**

**MINISTRY OF EDUCATION**

# PREFACE

Kenya Vision 2030 aims to transform the country into a newly industrializing, “middle-income country providing a high-quality life to all its citizens by the year 2030”. Kenya intends to create a globally competitive and adaptive human resource base to meet the requirements of a rapidly industrializing economy through life-long education and training. TVET has a responsibility of facilitating the process of inculcating knowledge, skills and attitudes necessary for catapulting the nation to a globally competitive country, hence the paradigm shift to embrace Competency Based Education and Training (CBET).

The Technical and Vocational Education and Training Act No. 29 of 2013 and the Sessional Paper No. 14 of 2012 on Reforming Education and Training in Kenya, emphasized the need toreform curriculum development, assessment and certification. This called for a shift to CBET to address the mismatch between skills acquired through training and skills needed by industry as well as increase the global competitiveness of Kenyan labour force.

TVET Curriculum Development, Assessment and Certification Council (TVET CDACC) in conjunction with Fashion and Design Sector Skills Advisory Committee (SSAC) and Vera Beauty and Fashion College have developed this curriculum.

This curriculum has been developed following the CBET framework policy; the CBETA standards and guidelines provided by the TVET Authority and the Kenya National Qualification framework designed by the Kenya National Qualification Authority.

The curriculum is designed and organized with an outline of learning outcomes; suggested delivery methods, training/learning resources and methods of assessing the trainee’s achievement. The curriculum is competency-based and allows multiple entry and exit to the course.

I am grateful to the Council Secretariat, Technical Committee, Fashion and Design SSAC, expert workers and all those who participated in the development of this curriculum.

**CHAIRMAN, TVET CDACC**

# ACKNOWLEDGEMENT

This curriculum has been designed for competency-based training and has independent units of learning that allow the trainee flexibility in entry and exit. In developing the curriculum, significant involvement and support was received from various organizations.

I appreciate Vera Beauty and Fashion College for their contributions in the development of this curriculum.

I also recognize with appreciation the role of the Fashion and Design SSAC in ensuring that competencies required by the industry are addressed in this curriculum. I also thank all stakeholders in the Fashion sector for their valuable input and all those who participated in the process of developing this curriculum.

I am convinced that this curriculum will go a long way in ensuring that workers in Fashion and Design sector will acquire competencies that will enable them to perform their work more efficiently.

**COUNCIL SECRETARY/CEO**

**TVET CDACC**

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# ACRONYMS

2D : Two Dimensional

AIDS : Acquired Immune Deficiency Syndrome

BC : Basic Competency

CDACC : Curriculum Development, Assessment and Certification Council

CR : Core Competency

FAS : Fashion Industry

FD : Fashion Design

HIV : Human Immuno-Deficiency Virus

ICT : Information Communication Technology

LCD : Liquid Crystal Display

NEMA : National Environmental Management Authority

OSHA : Occupation Safety and Health Act

OSHS : Occupation Safety and Health Standards

PESTEL : Political Economic Social Technological Environmental and Legal

PPE : Personal Protective Equipment

SSAC : Sector Skills Advisory Committee

SWOT : Strengths Weaknesses Opportunities and Threats

TVET : Technical and Vocational Education and Training

# KEY TO UNIT CODE

**FAS/CU/FD/BC/01/4/A**

Industry or sector

Curriculum

Occupational area

Type of Unit

Unit number

Competency level

Version control

# COURSE OVERVIEW

Fashion Design Level 4 qualification consists of units of learning that an individual must achieve to enable him/her to perform sewing machine operations, sketch and construct garments and sketch and decorate fabrics and garments.

The units of learning comprising Fashion Design Level 4 qualification include the following:

**Basic Units of Learning**

|  |  |  |  |
| --- | --- | --- | --- |
| **Unit Code** | **Unit Title** | **Duration in Hours** | **Credit factor** |
| FAS/CU/FD/BC/01/4/A | Communication skills | 20 | 2.0 |
| FAS/CU/FD/BC/02/4/A | Numeracy skills | 25 | 2.5 |
| FAS/CU/FD/BC/03/4/A | Digital literacy | 35 | 3.5 |
| FAS/CU/FD/BC/04/4/A | Entrepreneurial skills | 60 | 6.0 |
| FAS/CU/FD/BC/05/4/A | Employability skills | 30 | 3.0 |
| FAS/CU/FD/BC/06/4/A | Environmental literacy | 20 | 2.0 |
| FAS/CU/FD/BC/07/4/A | Occupational safety and health practices | 20 | 2.0 |
| **Total** | | **210** | **21.0** |

**Core Units of Learning**

|  |  |  |  |
| --- | --- | --- | --- |
| **Unit Code** | **Unit Title** | **Duration in Hours** | **Credit factor** |
| FAS/CU/FD/CR/01/4/A | Sewing machine operations | 30 | 3.0 |
| FAS/CU/FD/CR/02/4/A | Garment sketching and construction | 150 | 15.0 |
| FAS/CU/FD/CR/03/4/A | Fabrics and garments decoration | 60 | 6.0 |
|  | Industrial attachment | 300 | 30.0 |
| **Total** | | **540** | **54.0** |
| **Grand Total** | | **750** | **75.0** |

The total duration of the course for an average trainee is 750 hours including 300 hours of Industrial Attachment.

**Entry Requirements**

An individual entering this course should have any of the following minimum requirements:

1. Kenya Certificate of Secondary Education (KCSE)

**Or**

1. Certificate in Fashion Design Level 3

**Or**

1. Equivalent qualifications as determined by Kenya National Qualifications Authority (KNQA)

**Industrial attachment**

An individual enrolled in this course will undergo an industrial attachment for a period of 300 hours in a Fashion Design establishment.

**Trainer qualification**

A trainer for this course should have a higher qualification than the level of this course.

**Assessment**

The course will be assessed at two levels:

1. **Internal assessment**: conducted continuously by the trainer (internal assessor) who is monitored by an accredited internal verifier.
2. **External assessment:** conducted by an accredited external assessor who is monitored by an accredited external verifier.

The assessors and verifiers are accredited by TVET CDACC which also coordinates external assessment.

**Certification**

An individual will be awarded a Certificate of Competency on demonstration of competence in a unit of competency. To be awarded Certificate in Fashion Design Certificate Level 4, an individual must demonstrate competence in all the units of competency.

These certificates will be awarded by TVET CDACC in conjunction with the training provider.

# BASIC UNITS OF LEARNING

# 

# COMMUNICATION SKILLS

**UNIT CODE: FAS/CU/FD/BC/01/4/A**

**Relationship to Occupational Standards**

This unit addresses the Unit of Competency: Demonstrate Communication Skills

**Duration of Unit:** 20 Hours

**Unit Description**

This unit covers the competencies required demonstrate communication skills. It involves obtaining and conveying workplace information, completing relevant work-related documents, communicating information about workplace processes, leading workplace discussion and communicating workplace issues.

**Summary of Learning Outcomes**

1. Obtain and convey workplace information
2. Complete relevant work-related documents
3. Communicate information about workplace processes
4. Lead workplace discussions
5. Identify and communicate issues arising in the workplace

**Learning Outcomes, Content and Suggested Assessment Methods**

|  |  |  |
| --- | --- | --- |
| **Learning Outcome** | **Content** | **Suggested Assessment Methods** |
| 1. Obtain and convey workplace information | * Communication process * Modes of communication * Medium of communication * Effective communication * Barriers to communication * Flow of communication * Sources of information * Types of questions * Organizational policies * Workplace etiquette * Ethical work practices in handling communication | * Interview * Third party reports |
| 1. Complete relevant work-related documents | * Types and purposes of workplace documents and forms * Methods used in filling forms and documents * Recording workplace data * Process of distributing workplace forms and documents * Report writing * Types of workplace reports | * Interview * Third party reports |
| 1. Communicate information about workplace processes | * Communication process * Modes of communication * Medium of communication * Effective communication * Barriers to communication * Flow of communication * Sources of information * Organizational policies * Organization requirements for written and electronic communication methods * Report writing * Effective questioning techniques (clarifying and probing) * Workplace etiquette * Ethical work practices in handling communication | * Interview * Portfolio |
| 1. Lead workplace discussion | * Methods of discussion e.g.   + Coordination meetings   + Toolbox discussion   + Peer-to-peer discussion * Solicitation of response | * Interview * Third party reports |
| 1. Identify and communicate issues arising in the workplace | * Identification of problems and issues * Organizing information on problems and issues * Relating problems and issues * Communication barriers affecting workplace discussions | * Interview * Portfolio |

**Suggested Methods of Instructions**

* Direct instruction
* Demonstration
* Practice assignment
* Discussion
* Role play
* Brainstorming

**Recommended Resources**

* Desktop computers/laptops
* Internet connection
* Projectors
* Telephone
* Report writing templates

# NUMERACY SKILLS

**UNIT CODE:** **FAS/CU/FD/BC/02/4/A**

**Relationship to Occupational Standards:**

This unit addresses the Unit of Competency: Demonstrate Numeracy Skills

**Duration of Unit:** 25hours

**Unit Description**

This unit covers the competencies required to demonstrate numeracy skills. It involves identifying and using whole numbers and simple fractions, decimals and percentages for work, identifying, measuring and estimating familiar quantities for work, reading and using familiar maps, plans and diagrams for work, identifying and describing common 2D and some 3D shapes for work, constructing simple tables and graphs for work using familiar data and identifying and interpreting information in familiar tables, graphs and charts for work.

**Summary of Learning Outcomes**

1. Identify and use whole numbers and simple fractions, decimals and percentages for work
2. Identify, measure and estimate familiar quantities for work
3. Read and use familiar maps, plans and diagrams for work
4. Identify and describe common 2D and some 3D shapes for work
5. Construct simple tables and graphs for work using familiar data
6. Identify and interpret information in familiar tables, graphs and charts for work

**Learning Outcomes, Content and Suggested Assessment Methods**

|  |  |  |
| --- | --- | --- |
| **Learning Outcome** | **Content** | **Suggested Assessment Methods** |
| 1. Identify and use whole numbers and simple fractions, decimals and percentages for work | * Whole numbers * Simple fractions * Decimals * Percentages * Sizes * Problem solving methods * Calculations using the 4 operations * Recording and communicating numerical information | * Written * Practice assignments |
| 2. Identify, measure and estimate familiar quantities for work | * Measurement information * Units of measurement * Estimate familiar and simple amounts * Selection of appropriate measuring equipment * Calculate using familiar units of measurement * Check measurements and results against estimates * Using informal and some formal mathematical and general language * Record or report results | * Written * Practice assignments |
| 3. Read and use familiar maps, plans and diagrams for work | * Maps, plans and diagrams * Locate items and places in familiar maps, plans and diagrams * Recognize common symbols and keys in familiar maps, plans and diagrams * Direction and location of objects, or route or places * Use of informal and some formal oral mathematical language and symbols | * Practical test * Written |
| 4. Identify and describe common 2D and some 3D shapes for work | * Common 2D shapes and 3D shapes * Classification of common 2D shapes and designs * Description of Use informal and some formal language to describe common two-dimensional shapes and some common three-dimensional shapes * Construction of common 2D shapes * Match common 3D shapes to their 2D sketches or nets | * Written * Practical test |
| 5. Construct simple tables and graphs for work using familiar data | * Types of graphs * Determination of data to be collected * Selection of data collection method * Collection of data * Determination of variables from the data collected * Order and collate data * Construct a table and enter data * Construct a graph using data from table * Check results * Report or discuss graph information related to work using informal and some formal mathematical and general language | * Written * Practical test |
| 6. Identify and interpret information in familiar tables, graphs and charts for work | * Tables construction and labeling * i.e. title, headings, rows and columns * Interpreting information and data in simple tables * Relaying information of relevant workplace tasks on/in a table * Identify familiar graphs and charts in familiar texts and contexts * Locate title, labels, axes, scale and key from familiar graphs and charts * Identify and interpret information and data in familiar graphs and charts * Relate information to relevant workplace tasks | * Written * Practical test |

**Suggested Methods of Instructions**

* Instructor led facilitation of theory
* Practical demonstration of tasks by trainer
* Practice by trainees/ role play
* Discussion
* Observations and comments and corrections by trainers

**Recommended Resources**

* Computers
* Stationery
* Charts
* Video clips
* Audio tapes
* LCD projectors
* Standard operating and/or other workplace procedures manuals
* Specific job procedures manuals
* Projectors
* Writing boards
* Mathematical tables

# DIGITAL LITERACY

**UNIT CODE: FAS/CU/FD/BC/03/4/A**

**Relationship to Occupational Standards**

This unit addresses the Unit of Competency: Demonstrate Digital Literacy

**Duration of Unit:** 35 hours

**Unit Description**

This unit covers the competencies required to demonstrate digital literacy in a working environment. It entails identifying computer software and hardware, applying security measures to data, hardware, software, applying computer software in solving task sand applying internet and email in communication at workplace.

**Summary of Learning Outcomes**

1. Identify computer software and hardware
2. Apply security measures to data, hardware and software
3. Apply computer software in solving tasks
4. Apply internet and email in communication at workplace

**Learning Outcomes, Content and Suggested Assessment Methods**

|  |  |  |
| --- | --- | --- |
| **Learning Outcome** | **Content** | **Suggested Assessment Methods** |
| 1. Identify computer hardware and software | * Meaning of a computer * Functions of a computer * Components of a computer * Classification of computers | * Written tests * Oral * Observation |
| 1. Apply security measures to data, hardware and software | * Data security and control * Security threats and control measures * Types of computer crimes * Detection and protection against computer crimes | * Written tests * Oral presentation * Observation * Projects |
| 1. Apply computer software in solving tasks | * Operating system * Word processing * Spread sheets * Data base | * Oral questioning * Observation * Project |
| 1. Apply internet and email in communication at workplace | * Computer networks * Uses of internet * Electronic mail (e-mail) concept | * Oral questioning * Observation * Oral presentation * Written report |

**Suggested Methods of Instructions**

* Instructor led facilitation of theory
* Demonstration by trainer
* Practical assignment
* Viewing of related videos
* Project
* Group discussions

**Recommended Resources**

* Desktop computers
* Laptop computers
* Other digital devices
* Printers
* Storage devices
* Internet access
* Computer software

# ENTREPRENEURIAL SKILLS

**UNIT CODE: FAS/CU/FD/BC/04/4/A**

**Relationship to occupational standards**

This unit addresses the Unit of Competency: Demonstrate Entrepreneurial Skills

**Duration of unit:** 60 hours

**Unit description**

This unit covers the competencies required for creating and maintaining small scale business, establishing small business customer base, managing and growing a micro/small-scale business.

**Summary of Learning Outcomes**

1. Create and maintain small scale business
2. Establish small scale business customer base
3. Manage small scale business
4. Grow/expand small scale business

**Learning Outcomes, Content and Suggested Assessment Methods**

|  |  |  |
| --- | --- | --- |
| **Learning Outcome** | **Content** | **Suggested Assessment Methods** |
| 1. Create and maintain small scale business | * Starting a small business * Legal regulatory requirements in starting a small business * SWOT/ PESTEL analysis * Conducting market/industry survey * Generation and evaluation of business ideas * Matching competencies with business opportunities * Forms of business ownership * Location of a small business * Legal and regulatory requirement * Resources required to start a small business * Common terminologies in entrepreneurship * Entrepreneurship in national development * Self-employment * Formal and informal employment * Entrepreneurial culture * Myths associated with entrepreneurship * Types, characteristics, qualities & role of entrepreneurs * History, development and importance of entrepreneurship * Theories of entrepreneurship * Quality assurance for small businesses * Policies and procedures on occupational safety and health and environmental concerns | * Individual/group assignments * projects * Written * Oral |
| 1. Establish small scale business customer base | * Good staff/workers and customer relations * Marketing strategy * Identifying and maintain new customers and markets * Product/ service promotions * Products / services diversification * SWOT / PESTEL analysis * Conducting a business survey * Generating Business ideas * Business opportunities | * Individual/group assignments * projects * Written * Oral |
| 1. Manage small scale business | * Organization of a small business * Small business’ business plan * Marketing for small businesses * Managing finances for small business * Production/ operation process for goods/services * Small business records management * Book keeping and auditing for small businesses * Business support services * Small business resources mobilization and utilization * Basic business social responsibility * Management of small business * Word processing concepts in small business management * Computer application software * Monitoring and controlling business operations | * Oral * Individual/group assignments * projects * Written |
| 1. Grow/expand small scale business | * Methods of growing small business * Resources for growing small business * Small business growth plan * Computer software in business development * ICT and business growth | * Individual/group assignments * projects * Written |

**Suggested Methods of Instructions**

* Instructor led facilitation of theory
* Demonstration by trainer
* Practice by trainee
* Role play
* Case study

**Recommended Resources**

* Case studies for small businesses
* Business plan templates
* Lap top/ desk top computer
* Internet
* Telephone
* Writing materials

# EMPLOYABILITY SKILLS

**UNIT CODE:** **FAS/CU/FD/BC/05/4/A**

**Relationship to Occupational Standards**

This unit addresses the Unit of Competency: Demonstrate Employability Skills

**Duration of Unit:** 30 hours

**Unit Description**

This unit covers competencies required to demonstrate employability skills. It involves conducting self-management, demonstrating critical safe work habits, demonstrating workplace learning and workplace ethics.

**Summary of Learning Outcomes**

1. Conduct self-management
2. Demonstrate critical safe work habits
3. Demonstrate workplace learning
4. Demonstrate workplace ethics

**Learning Outcomes, Content and Suggested Assessment Methods**

|  |  |  |
| --- | --- | --- |
| **Learning Outcome** | **Content** | **Suggested Assessment Methods** |
| 1. Conduct self-management | * Self-awareness * Formulating personal vision, mission and goals * Strategies for overcoming life challenges * Emotional intelligence * Assertiveness * Expressing personal thoughts, feelings and beliefs * Developing and maintaining high self-esteem * Developing and maintaining positive self-image * Articulating ideas and aspirations * Accountability and responsibility * Good work habits * Self-awareness * Self-development * Financial literacy * Healthy lifestyle practices | * Written tests * Oral questioning * Portfolio of evidence * Third party report |
| 1. Demonstrate critical safe work habits | * Stress and stress management * Punctuality and time consciousness * Interpersonal communication * Sharing information * Leisure * Integrating personal objectives into organizational objectives * Resources utilization * Setting work priorities * HIV and AIDS * Drug and substance abuse * Handling emerging issues | * Written tests * Oral questioning * Portfolio of evidence * Third party report |
| 1. Demonstrate workplace learning | * Personal training needs identification and assessment * Managing own learning * Contributing to the learning community at the workplace * Cultural aspects of work * Variety of learning context * Application of learning * Safe use of technology * Identifying opportunities * Workplace innovation * Performance improvement * Handling emerging issues * Future trends and concerns in learning | * Written tests * Oral questioning * Portfolio of evidence * Third party report |
| 1. Demonstrate workplace ethics | * Meaning of ethics * Ethical perspectives * Principles of ethics * Values and beliefs * Ethical standards * Organization code of ethics * Common ethical dilemmas * Organization culture * Corruption, bribery and conflict of interest * Privacy and data protection * Diversity, harassment and mutual respect * Financial responsibility/accountability * Etiquette * Personal and professional integrity * Commitment to jurisdictional laws * Emerging issues in ethics | * Written tests * Oral questioning * Portfolio of evidence * Third party report |

**Suggested Methods of Instructions**

* Simulation/Role play
* Group Discussion
* Presentations
* Q&A
* Case studies
* Assignments

**Recommended Resources**

* Computers
* Stationery
* Charts
* Video clips
* Audio tapes
* Radio sets
* TV sets
* LCD projectors

# ENVIRONMENTAL LITERACY

**UNIT CODE:** **FAS/CU/FD/BC/06/4/A**

**Relationship to Occupational Standards**

This unit addresses the Unit of Competency: Demonstrate Environmental Literacy

**Duration of Unit:** 20hours

**Unit Description**

This unit specifies the competencies required to demonstrate environmental literacy. It involves controlling environmental hazard, controlling environmental pollution, demonstrating sustainable resource use and evaluating current practices in relation to resource usage.

**Summary of Learning Outcomes**

1. Control environmental hazard
2. Control environmental pollution
3. Demonstrate sustainable use of resources
4. Evaluate current practices in relation to resource usage

**Learning Outcomes, Content and Suggested Assessment Methods**

|  |  |  |
| --- | --- | --- |
| **Learning Outcome** | **Content** | **Suggested Assessment Methods** |
| 1. Control environmental hazard | * Purposes and content of Environmental Management and Coordination Act 1999 * Purposes and content of Solid Waste Act * Storage methods for environmentally hazardous materials * Disposal methods of hazardous wastes * Types and uses of PPE in line with environmental regulations * Occupational Safety and Health Standards (OSHS) | * Written tests * Oral questions * Observation of work procedures |
| 1. Control environmental Pollution | * Types of pollution * Environmental pollution control measures * Types of solid wastes * Procedures for solid waste management * Different types of noise pollution * Methods for minimizing noise pollution | * Written tests * Oral questions * Observation of work procedures * Role play |
| 1. Demonstrate sustainable resource use | * Types of resources * Techniques in measuring current usage of resources * Calculating current usage of resources * Methods for minimizing wastage * Waste management procedures * Principles of 3Rs (Reduce, Reuse, Recycle) * Methods for economizing or reducing resource consumption | * Written tests * Oral questions * Observation of work procedures |
| 1. Evaluate current practices in relation to resource usage | * Collection of information on environmental and resource efficiency systems and procedures, * Measurement and recording of current resource usage * Analysis and recording of current purchasing strategies. * Analysis of current work processes to access information and data * Identification of areas for improvement | * Written tests * Oral questions * Observation of work procedures |
| 1. Identify Environmental legislations/conventions for environmental concerns | * Environmental issues/concerns * Environmental legislations /conventions and local ordinances * Industrial standard /environmental practices * International Environmental Protocols (Montreal, Kyoto) * Features of an environmental strategy | * Written tests * Oral questions * Observation of work procedures |

**Suggested Methods of Instructions**

* Instructor led facilitation of theory
* Practical demonstration of tasks by trainer
* Practice by trainees/ role play
* Discussion
* Observations and comments and corrections by trainers

**Recommended Resources**

* Computers
* Stationery
* Charts
* Video clips
* Audio tapes
* Radio sets
* TV sets
* LCD projectors
* Standard operating and/or other workplace procedures manuals
* Specific job procedures manuals
* Machine/equipment manufacturer’s specifications and instructions
* Personal Protective Equipment (PPE)

# OCCUPATIONAL SAFETY AND HEALTH PRACTICES

**UNIT CODE: FAS/CU/FD/BC/07/4/A**

**Relationship to Occupational Standards**

This unit addresses the unit of competency: Demonstrate Occupational Safety and Health Practices

**Duration of Unit:** 20 hours

**Unit Description**

This unit specifies the competencies required to practice safety and health and comply with OSH requirements relevant to work. It involves adhering to workplace procedures for hazards and risk prevention and participating in arrangements for workplace safety and health maintenance.

**Summary of Learning Outcomes**

1. Adhere to workplace procedures for hazards and risk prevention
2. Participate in arrangements for workplace safety and health maintenance

**Learning Outcomes, Content and Suggested Assessment Methods**

|  |  |  |
| --- | --- | --- |
| **Learning Outcome** | **Content** | **Suggested Assessment**  **Methods** |
| 1. Adhere to workplace procedures for hazards and risk prevention | * Arrangement of work area and items in accordance with Company housekeeping procedures * Adherence to work standards and procedures * Application of preventive and control measures, including use of safety gears/PPE * Study and apply standards and procedures for incidents and emergencies. | * Oral questions * Written tests * Portfolio of evidence * Third party report |
| 1. Participate in arrangements for workplace safety and health maintenance | * Participating in orientations on OSH requirements/regulations of tasks * Providing feedback on health, safety, and security concerns to appropriate personnel as required in a sufficiently detailed manner * Practice workplace procedures for reporting hazards, incidents, injuries and sickness * OSH requirements/ regulations and workplace safety and hazard control procedures are reviewed, and compliance reported to appropriate personnel * Identification of needed OSH-related trainings are proposed to appropriate personnel | * Oral questions * Written tests * Portfolio of evidence * Third party report |

**Suggested Methods of Instructions**

* Assigments
* Discussion
* Q&A
* Role play
* Viewing of related videos

**Recommended Resources**

* Computers
* Stationery
* Charts
* Video clips
* Audio tapes
* Radio sets
* TV sets
* LCD projectors
* Standard operating and/or other workplace procedures manuals
* Specific job procedures manuals
* Machine/equipment manufacturer’s specifications and instructions
* Personal Protective Equipment (PPE) e.g.
* Mask
* Face mask/shield
* Safety bootsn
* Safety harness
* Arm/Hand guard, gloves
* Eye protection (goggles, shield)
* Hearing protection (ear muffs, ear plugs)
* Hair Net/cap/bonnet
* Hard hat
* Face protection (mask, shield)
* Apron/Gown/coverall/jump suit
* Anti-static suits
* High-visibility reflective vest

# CORE UNITS OF LEARNING

# SEWING MACHINE OPERATION

**UNIT CODE:** **FAS/CU/FD/CR/01/4/A**

**Relationship to Occupational Standards**

This unit addresses the Unit of Competency: **Perform sewing machine operations**

**Duration of Unit:** 30 hours

**Unit Description**

This unit covers the competencies required to perform sewing machine operations. It involves identifying the sewing machine parts and functions, operating the sewing machine, troubleshooting the sewing machine and servicing and maintaining the sewing machine.

**Summary of Learning Outcomes**

1. Identify parts and functions of the sewing machine
2. Operate the sewing machine
3. Trouble shoot the sewing machine
4. Service and maintain the sewing machine

**Learning Outcomes, Content and Suggested Assessment Methods**

|  |  |  |
| --- | --- | --- |
| **Learning Outcome** | **Content** | **Suggested Assessment Methods** |
| 1. Identify parts and functions of the sewing machine | * Workshop safety * Sewing machines and their functions * Sewing machine parts and their functions | * Written tests * Observation * Oral questioning * Interviewing * Third party report |
| 1. Operate the sewing machine | * Principles of machine operations * Tools and supplies for sewing machines operation * Setting the sewing machine * Operating the sewing machine * Stitching techniques | * Written tests * Observation * Oral questioning * Interviewing * Third party report |
| 1. Troubleshoot the sewing machine | * Common sewing machine faults and their remedies * Fault finding * Fault solving * Sewing machine troubleshooting tools and supplies | * Observation * Oral questioning * Interviewing * Third party report |
| 1. Service and maintain the sewing machine | * Principles of machine servicing and maintenance * Oiling the sewing machine * Servicing the sewing machine * Maintenance of the sewing machine | * Observation * Oral questioning * Interviewing * Third party report |

**Suggested Methods of Instruction:**

* Direct instruction
* Project
* Discussions
* Demonstration by trainer
* Practice by the trainee

**List of Recommended Resources:**

|  |
| --- |
| **Institutional resources:**  Workshop, stationery, sewing machines, assorted fabrics, assorted scissors, assorted screw drivers, assorted machine needles, pliers, tape measure, seam ripper, thimble, assorted threads, assorted PPE items. |
| **Trainee requirements:**  Assorted scissors, Tape measure, Seam ripper, Tailors chalk, Assorted needles, Assorted dyes, Assorted fabrics, Assorted PPE items, |

# GARMENT SKETCHING AND CONSTRUCTION

**UNIT CODE:** **FAS/CU/FD/CR/02/4/A**

**Relationship to Occupational Standards**

This unit addresses the Unit of Competency:  **Sketch and construct garments**

**Duration of Unit:** 150 hours

**Unit Description**

This unit covers the competencies required to sketch and construct garments. It involves sketching selected garments, constructing selected garment pattern pieces, laying the garment pattern pieces on fabric and cut. It also entails constructing and finishing the garment and displaying the garment.

**Summary of Learning Outcomes**

1. Sketch selected garments
2. Construct selected garment pattern pieces
3. Lay the garment pattern pieces on fabric and cut
4. Construct and finish the garment
5. Display the garment

**Learning Outcomes, Content and Suggested Assessment Methods**

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| **Learning Outcome** | **Content** | **Suggested Assessment Methods** |
| 1. Sketch selected garments | * Workshop safety * Sketching tools, equipment, materials and supplies * sketching techniques | * Written tests * Observation * Oral questioning * Interviewing * Third party report |
| 1. Construct selected garment pattern pieces | * Garment construction tools, equipment, materials and supplies * Body measurements: * Individual * Principles of free hand pattern construction * The basic free hand patterns * Bodice * Skirt * Childs Dress * Trouser * Shirt * Pattern adaptation techniques * Fitting special figure problems | * Written tests * Observation * Oral questioning * Interviewing * Third party report |
| 1. Lay the garment pattern pieces on fabric and cut | * Laying tools, equipment, materials and supplies * Laying techniques * Principles of fabric laying * Cutting tools, equipment, materials and supplies * Cutting techniques * Transfer of pattern markings * Bundling techniques | * Written tests * Observation * Oral questioning * Interviewing * Third party report |
| 1. Construct and finish the garment | * Construction and finishing tools, equipment, materials and supplies * Sewing techniques:   + Stitches   + Seams   + Garment details   + Handling special fabrics * Garment assembling:   + Ladies   + Gents   + Children * Garment finishing methods and techniques | * Written tests * Observation * Oral questioning * Interviewing * Third party report |
| 1. Display the garment | * Display tools, equipment, materials and supplies * Principles of garment displaying * Types of garment display * Methods of garment displaying * Packaging of garments | * Written tests * Observation * Oral questioning * Interviewing * Third party report |

**Suggested Methods of Instruction:**

* Direct instruction
* Project
* Case studies
* Field trips
* Discussions
* Demonstration by trainer
* Practice by the trainee

**List of Recommended Resources:**

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| **Institutional resources:**  Workshop,Ironing boards, Sleeve board, Mirror, Assorted mannequins, Embroidery hoops, Brown paper, Plain paper, , Stationery, Cutting tables,Assorted sewing machines, Hangers, Assorted scissors, Tracing wheel, Tape measure, Seam ripper, Meter rule, 30 cm ruler, Measuring scale, Set square, Thimble, French curve, Hip curve, T-Square, Assorted Irons, Assorted stitching threads, Assorted embroidery threads, Assorted pins, Tailors chalk, Assorted needles, Assorted fabric, Assorted interfacing, Twin thread, Water |
| **Trainee Requirements:**  Assorted scissors, Tracing wheel, Tape measure, Seam ripper, Meter rule, 30 cm ruler, Measuring scale, Set square, Thimble, French curve, Hip curve, T-Square, Assorted Irons, Assorted stitching threads, Assorted embroidery threads, Assorted pins, Tailors chalk, Assorted needles, Assorted fabric, Assorted interfacing, Twin thread, Water |

# FABRICS AND GARMENTS DECORATION

**UNIT CODE:** **FAS/CU/FD/CR/03/4/A**

**Relationship to Occupational Standards**

This unit addresses the Unit of Competency: **Decorate fabrics and garments**

**Duration of Unit:** 60 hours

**Unit Description**

This unit covers the competencies required to decorate fabrics and garments. It involves sketching selected fabric décor design, decorating the selected fabric/garment, finishing the fabric/garment; packaging and displaying the decorated fabric.

**Summary of Learning Outcomes**

1. Sketch selected fabric décor design
2. Apply selected fabric décor technique
3. Finish the fabric/garment
4. Package and display the decorated fabric

**Learning Outcomes, Content and Suggested Assessment Methods**

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| --- | --- | --- |
| **Learning Outcome** | **Content** | **Suggested Assessment Methods** |
| 1. Sketch selected fabric decor | * Fibres and fabrics * Sketching tools, equipment, materials and supplies * Principles of sketching * Sketching techniques * Sketching fabric décor designs | * Written tests * Observation * Oral questioning * Interviewing * Third party report |
| 1. Apply and finish selected fabric décor technique | * Fabric decoration tools, equipment, materials and supplies * Methods of fabric decoration * Tie and dye * Needlework * Bead work * Embroidery * Principles of fabric décor application * Application of fabric décor designs * Principles and techniques of finishing decorated fabrics * Methods of finishing decorated fabrics | * Written tests * Observation * Oral questioning * Interviewing * Third party report |
| 1. Display the decorated fabric/garment | * Display tools, equipment, materials and supplies * Principles of fabric/garment displaying * Types of fabric/garment display * Methods of fabric/garment displaying * Packaging of fabrics/garments | * Written tests * Observation * Oral questioning * Interviewing * Third party report |

**Suggested Methods of Instruction:**

* Direct instruction
* Project
* Case studies
* Field trips
* Discussions
* Demonstration by trainer
* Practice by the trainee

**List of Recommended Resources:**

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| **Institutional resources:**  Workshop, , Stationery, Sewing machines, Meter rule, Ironing board, Cutting table, Assorted Irons, Press magic, Mirror, Assorted mannequins, Assorted spoons, Sufuria, Measuring jug, Electric kettle, Basins/ buckets, Brown paper, Plain paper, Hangers, Assorted dyes, Assorted fabrics, Bleach, Water, Hydro sulphate, Caustic soda, Pegs, Soaps, Detergents, Assorted clips, , Assorted mannequins, Ironing boards, |
| **Trainee requirements:**  Assorted scissors, Tape measure, Seam ripper, 30 cm ruler, Thimble, Assorted threads, Assorted pins, Tailors chalk, Assorted needles, Assorted dyes, Assorted fabrics, Assorted PPE items, Soaps, Detergents, Assorted clips, Assorted dyes, pegs |